

Global Partnerships

2025 Annual Report

Scaling Depression Treatment Through Global Partnerships

43,267

Clients
Psychoeducated

35,697

Clients Treated

68.3%

Depression-Free
Clients at Termination

**Footprint: Kenya,
Malawi & Nigeria**



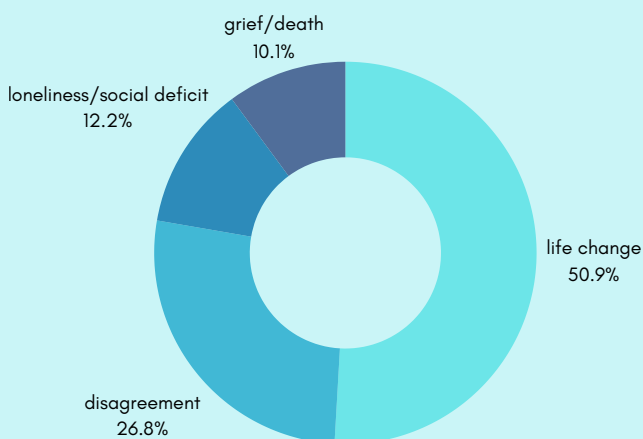
In 2025, StrongMinds Global Partnerships advanced its strategic objective of expanding and formalizing government and partner collaborations across Africa. Through strengthened partnerships, documentation of learning, and continued standardization and digitalization efforts, the program supported the scale-up of evidence-based group interpersonal therapy across Kenya, Malawi, and Nigeria while deepening collaboration with existing partners and onboarding new government stakeholders.

96.7% of clients entered treatment experiencing moderate to severe depression, declining to 2.4% at program completion, with 68.3% of clients classified as depression-free at termination.

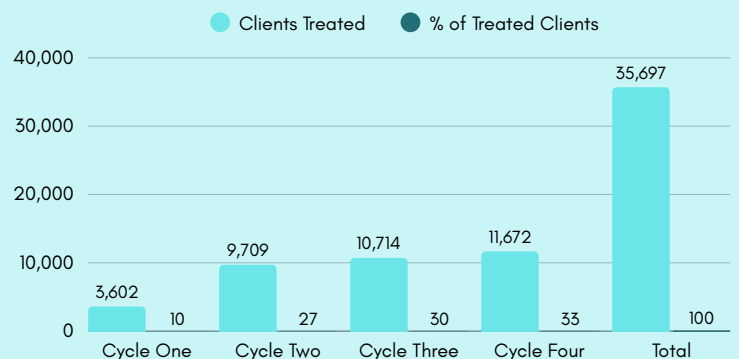
Program Delivery Channels

- **Integration into Existing Systems;** Embedding group interpersonal therapy within government and NGO service delivery structures.
- **Contextual Adaptation;** Adapting IPT-G implementation to local partner realities, cultures, and health systems.
- **Partner Capacity Strengthening;** Building partner capacity to independently deliver high-quality IPT-G interventions.
- **Embedded Technical Support;** Deploying StrongMinds officers to provide ongoing technical mentorship and implementation support.
- **Collaborative Outcome Tracking;** Working jointly with partners to monitor performance, track outcomes, and strengthen data-driven decision making.

Depression Triggers



Distribution of Clients Treated Across Program Cycles



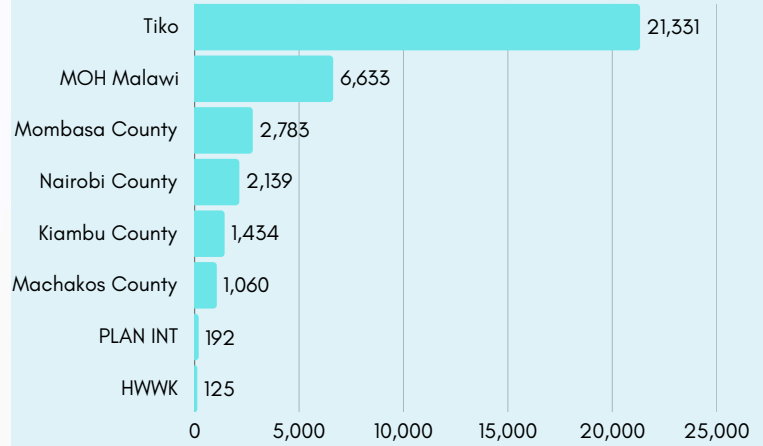
Treatment delivery increased across successive implementation cycles, reflecting strengthened partner capacity and program scale.

Impact, Reach & Outcomes

Delivering mental health care effectively requires strong partnerships. StrongMinds successfully embedded IPT-G within government systems across three countries, advancing large-scale treatment delivery through five government partnerships and expanding sustainable access to mental health care.



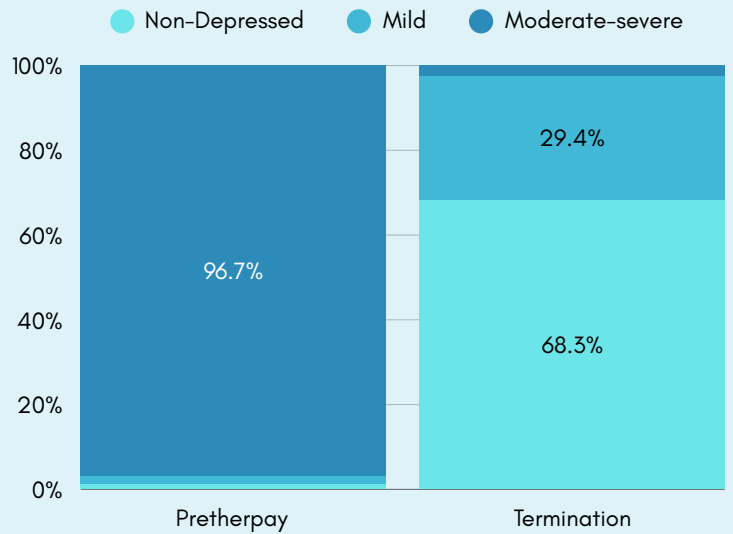
Clients Treated by Implementing Partner



Elevating mental health outcomes

Depression Levels: Before and After

The proportion of clients experiencing moderate to severe depression declined from 96.7% at intake to 2.4% at therapy completion, with 68.3% of clients classified as depression-free at termination.



34,897

(80.66%)

Therapy Completion Rate (≥ 4 Sessions Attended)

32,876

(94.25%)

Achieved a ≥ 5 PHQ-9 reduction



Conclusion and Appreciation: we extend our sincere appreciation to the governments, implementing partners, community health workers, and StrongMinds team who continue to make the StrongMinds Global Partnership possible. The shared leadership, trust, and collaboration demonstrated across countries have strengthened collective efforts to advance accessible mental health care. We are grateful for these enduring partnerships and look forward to building on this momentum together in the years ahead.

Indicator	Cycle 1	Cycle 2	Cycle 3	Cycle 4
Number of clients pre - grouped	3,878	14,707	11,305	12,207
Number of clients treated	3,602	9,709	10,714	11,672
Average session attendance	6	4.9	6	6
Clients that completed therapy	3,544	9,602	10,457	11,294
Conversion Rate	91.39%	65.29%	92.50%	92.52%
Average score change	-15.9	-11.8	-14.6	-12.4
Percent 5+ score change	3,352 (97.9%)	9,127 (93.2%)	9,967 (97.7%)	10,430 (91%)
Depression free at termination	2,402 (70.2%)	6,192 (65.5%)	7,416 (72.7%)	7,579 (66.1%)