



**Position: Mental Health Specialist (contract) – Hybrid – competitive hourly compensation**

**Reporting to: Program Manager, StrongMinds America**

**Location: Central, New Jersey**

As an important member of the clinical team, the Mental Health Specialist facilitates in-person and remote group therapy sessions (8-week protocol) for BIPOC individuals ages 16-30 in coordination with organizational partners in and around the city of Newark, NJ.

**The StrongMinds Difference:**

- We offer competitive compensation and a supportive, empowering team environment.
- We offer the flexibility to schedule sessions, adjust working hours, and facilitate sessions remotely as often as needed.
- We provide clinical training and advancement opportunities.
- We seek to nurture professional and clinical growth with the understanding that exceptional therapists will offer sustainable healing.
- Our operations team handles the administrative complexities, so our clinicians can focus on what they like to do best: providing transformative therapy.

**About StrongMinds America**

StrongMinds America (SMA) is the US-based program branch of StrongMinds, an award-winning international organization that has been recognized in the global [media](#) for its innovative approach to mental health care in Africa. Since its beginning in 2013, StrongMinds has helped lift almost 200,000 African women and youth out of depression. Our treatment model has been recognized by the World Health Organization, Global Innovation Fund, Happier Lives Institute and the organization has been profiled by the BBC, Bloomberg, World Economic Forum, and the Stanford Innovation Review among others. In 2022, StrongMinds Founder, Sean Mayberry, received Honorary Tribute from the [Pardes Humanitarian Prize](#) for advancing the understanding of mental health worldwide.

In 2021, SMA was launched to address racial disparities in mental health care and a profound lack of access to services within BIPOC communities. SMA delivers culturally competent group therapy for depression to BIPOC youth and adults ages 16-30.

**Responsibilities:**

- Responsible for assessment, planning, organizing, and delivery of depression treatment in coordination with allied organizations.
- Responsible for facilitating group therapy sessions using the IPT-G model, including prescreening, intake, and post-therapy assessment.
- Serve as liaison to community-based organization and agencies as appropriate.
- Provide accurate, professionally written clinical documentation (progress notes, assessments) in accordance with professional standards, policies, and as directed by supervisor
- Assess, diagnose, and identify underlying trauma or other serious mental health and provide necessary information and referrals.

### **Desired Skills and Qualifications:**

- Masters Degree in Social Work, Psychology, Counseling, Marriage and Family Therapy or other related clinical discipline.
- Valid LCSW, LMHC, LMFT, LPC, or LCPC (NY or NJ). StrongMinds will pay for certification in NJ if applicant has current certification in NY.
- Current professional liability insurance along with a commitment to clinical growth and continued training.
- At least 2 years of mental health counseling experience (individual and group).
- Previous experience working with BIPOC community and cultural competency.
- High level of initiative, accountability, and professionalism
- High degree of ethical standards, emotional intelligence, and commitment to transparency.
- Ability to develop and sustain professional relationships, partnerships, and networks.
- Ability to contribute to a supportive team environment and foster an empowering and positive atmosphere.
- Proven ability to work under minimal supervision, prioritize tasks, and achieve goals.
- A track record of strong planning, organizing and negotiation skills with creative problem-solving abilities.
- Excellent verbal and written communication skills.

### **The successful Mental Health Specialist will also be expected to embrace and role model the core values of StrongMinds:**

- We are people focused.
- We think big and act fast.
- We are data driven.
- We do what we say and say what we do.
- We believe in collaboration, not competition.

As part of a rapidly growing nonprofit, this role has potential for advancement. Smart, empathetic, and skilled candidates are encouraged to apply.

**Salary:** Competitive hourly compensation commensurate with experience.

**Bonus:** StrongMinds America is offering a \$1000 bonus after successful completion of each 8-week therapeutic protocol.

**Start Date:** Soonest.

**Job Type:** Contract (Hybrid)

**Schedule:** Very Flexible

### **COVID-19 considerations:**

StrongMinds strictly adheres to all CDC guidelines for Covid-19 protection.

### **To apply:**

Send résumé and short cover note to Susan Ryan [sryan@strongminds.org](mailto:sryan@strongminds.org) mentioning 'Mental Health Specialist' in the subject line.