**Why Depression in Africa?**

**Leading cause of disability**

**Percent suffering from depression**

Per the Ugandan Ministry of Health, "Depression is a common mental disorder in the community. It has been shown that up to 3-4 persons out of every 10 persons in the community suffer from a depressive illness..." (Ministry of Health brochure "What You Need To Know About Depression")


https://annals-general-psychiatry.biomedcentral.com/articles/10.1186/1744-859X-8-1

**No access to mental health treatment**
WHO Investing in Mental Health: [http://www.who.int/mental_health/media/investing_mnh.pdf](http://www.who.int/mental_health/media/investing_mnh.pdf) Page 5

**PERSONAL WELL-BEING**


**PHYSICAL HEALTH**


**HOUSEHOLD FUNCTIONING**


**South Africa: economic security** - Cognitive development and attachment: MENTAL DEPRESSION: A REVIEW OF RELEVANT TREATMENT APPROACHES FOR MOTHERS AND INFANTS KIMBERLY J. NYLEN, TRACY E. MORAN, CHRISTINA L. FRANKLIN, AND MICHAEL W. O’HARA University of Iowa

**TREATMENT ACCESS**


**CHILD IMPACT**

**Nigeria: diarrhea and infections** - Infant health: Impact of postnatal depression on infants’ growth in Nigeria Abiodun O. Adewuya, Bola O. Ola b , Oluotayo O. Aloba b , Boladale M. Mapayi b , John A.O. Okeniyi c a Department of Psychiatry, College of Medicine, Lagos State University, IKEJA. Lagos, Nigeria


**Nigeria: poor nutrition and immunity** - Infant health: Impact of postnatal depression on infants' growth in Nigeria Abiodun O. Adewuya, Bola O. Ola b , Oluotayo O. Aloba b , Boladale M. Mapayi b , John A.O. Okeniyi c a Department of Psychiatry, College of Medicine, Lagos State University, IKEJA. Lagos, Nigeria

**ECONOMIC PRODUCTIVITY**

